



The following is a chronological list of activities of Sheila Hemphill along with her son Coleman of their efforts to enhance agriculture and medical freedom to improve the quality of life of Texans. In the ten years of Sheila's activism and Texas Right To Know (TRTK) activities, the over \$192,000+ of funding have been primarily sponsored by only six individuals/entities with the Hemphill Family being the largest contributor. None of these accomplishments could have been possible without the leading of the Holy Spirit, the support of the Kotsanis Institute, the Global Healing Center, and the encouragement and collaboration with many.

1. 2008 – 2012 – Sheila provides office development, marketing, web development, and business plans for integrative medical, dental and naturopathic practitioners, lab and preventative scanning services.
2. 2012, October 12, - The City of Brady indebts citizens for \$2.5 million to replace 10 year-old analog electric meters that had a 30-40 year usage life. Open records law was violated when the City falsely indicated the approval was for the procurement of an "automated meter reading system" when in fact the technology was for advanced meter infrastructure aka "smart meters."
 - o [\(See Proper Public Notice\)](#) [\(See EMF\)](#)
3. 2012, October 14 – The Hemphill's opens "[Help Yourself Wellness](#)" shop focusing on frequency therapeutics and nutrition. See company [Philosophy](#).
4. 2012, December – Sheila filed for a restraining order against the City of Brady to halt contracts with smart meter companies in an attempt to terminate deployment of smart meters. The restraining order was not signed and the city signed the contracts at the following city council meeting.
5. 2013, January - Sheila utilized Texas Local Government Code 9.004 law to issue petitions to amend the Brady City Charter to include Utility Customer Rights City Charter on the May ballot to provide no-cost opt-out of electric smart meters. (See More/[Power of Petition](#)).
6. 2013, January – Sheila leads campaign to file seven petitions with the City of Brady using Texas Local Government Code 9.004 to change the Brady City Charter to provide for utility customer rights so that utility customers can opt out of smart meters, have an analog meter, and they do not have to pay not have a smart meter.
7. 2013, May - Sheila supported the campaign to recall the Mayor of Brady, and the voters pass the various changes to the city charter. The election was won by 73% of the vote. ([See The Power of Petition](#))
 - o Sheila participates with Alex Jones, on four radio segments – featured on his website,
 - o Sheila is interviewed on Info Wars by David Knight,



- Sheila is featured in numerous radio and film interviews and speaks often before conservative groups.
 - Sheila's speech on Texas Local Government Code 9.004 is noticed by Kelly Cannon, who gathered 10,000 signatures to stop red light cameras in Arlington, Texas. Five years later, Governor Greg Abbott signed legislation to ban red light cameras in Texas (2019).
8. 2013, May 20, - Story by Texas Tribune. [www.texastribune.org › 2013/05/20 › towns-say-no As Towns Say No, Signs of Rising Resistance to Smart Meters ...](http://www.texastribune.org/2013/05/20/towns-say-no-as-towns-say-no-signs-of-rising-resistance-to-smart-meters)
 9. 2013, May 26 – Texas Tribune story picked up by New York Times. The Texas Tribune As Towns Say No, Signs of Rising Resistance to Smart Meters By Chris Hooks May 18, 2013 BRADY, Tex. — In October, the City Council of this Central Texas town voted [www.nytimes.com › 2013/05/26 › As Towns Say No, Signs of Rising Resistance to Smart Meters](http://www.nytimes.com/2013/05/26/as-towns-say-no-signs-of-rising-resistance-to-smart-meters)
 10. 2013, May – Sheila testified before the Senate Business and Commerce committee on smart meters.
 11. 2014, June – Sheila advocated for Medical Cannabis at the Texas Republican Convention in Ft. Worth, and presents a booth on the hazards of smart meters.
 12. 2015, January – Sheila and Coleman Hemphill lead the newly formed [Texas Hemp Industries Association](#) producing volumes of [information](#) to spearhead legislation for the legalization of hemp.
 13. 2016, June – TRTK sponsors three booths at the Texas Republican Convention in Ft. Worth, 1) Texas Right To Know on wireless hazards, 2) [Texas Hemp Industries Association](#), 3) [Voter Integrity](#) – “Save Our Vote” and one booth at the Democratic Convention on San Antonio combining all three issues above.
 14. 2016, June – Sheila is invited testimony before the Texas House State Affairs Committee and submits [comprehensive 80 page report](#) on reported issues regarding smart meters.
 15. 2016, November – Texas Medical Board (TMB) is under Sunset review. Sheila hosts the “[TMB Don't Mess with Me](#)” campaign with a Health Freedom rally on the steps of the Capitol while the Sunset Committee was hearing testimony on the Texas Medical Board. [See submitted initiatives to Sunset Committee and videos](#)
<https://www.texasrighttoknow.com/tmb-medical-freedom>



16. 2016, November 22, – Sheila issues press release, “Texas Right to Know Asks Is [Texas Headed Toward a Medical Monopoly?](#)”
17. 2016, Dec. 2 - Infowars contacted Sheila and Coleman for an interview about our Texas Medical Freedom initiative and the abuses of the Texas Medical Board (TMB) against integrative physicians and the "TMB Don't Mess With Me" Rally.
18. 2016, September – Sponsored an event at Texas Tech educating on hemp for food, feed, fuel and fiber.
19. 2017, January – formed [Texas Right To Know](#) DBA of United Support Services, Inc. S-Corp.
20. **2017, March 3 – Sheila and Coleman testify at the Texas Medical Board meeting with comments on the [Burzynski case](#). MUST SEE!**
 - Sheila researches the complaint and litigation issues regarding the TMB and identifies there is no policy in place to file complaints against the agency.
 - Sheila attended all but one medical board meeting from 2016 to June of 2020 with most recent in March of 2022.
21. 2017, April – Sponsor dinner at Jacoby's for legislators regarding hemp legislation.
22. 2017, July – Sheila testified regarding industrial hemp before the US Agriculture Committee Listening Session in San Angelo Texas – [minute marker 3:10:39](#)
23. 2017, September – Sheila hosts two-day event, protesting the World Conference on Vaccines in Houston, Texas. Sheila was moderator for a panel of researchers, PhDs and physicians, speaking on Vaccine Syndrome and the devastating effects of Anthrax vaccine on Gulf War soldiers. World renowned panel speakers included Del Big Tree, Informed Consent Action Network, Stephanie Seneff, PhD MIT, Judy Mikovits, PhD, Truth Champion, Author of Plague, Plague of Corruption, Ending Plague and state Representative Bill Zedler.
24. 2017 – 2018 - Sheila brought the Texas Medical Board (TMB) and Texas law makers information that the TMB had no complaint process in place. Physician complaints and decades of violations of constitutional rights and abuses went unaddressed. It was not until [July 2, 2018](#) that the TMB issued a policy for filing complaints against the agency.
25. 2018, April – TEXAS RIGHT TO KNOW COMMENTS AND RECOMMENDATIONS REGARDING TEXAS SUNSET COMMISSION REPORTS FOR THE [2018 – 2019 REVIEW OF THE TEXAS MEDICAL BOARD](#)



26. 2018, April – Press Release, “Sunset Commission Members Submit [Recommendations to Reform the Texas Medical Board](#)”
27. 2018, April 25 - Letter to [Sunset Committee](#) – urging for trial de novo at district court suits following SOAH.
28. 2018, June – Sponsored booth at Republican Convention in San Antonio focusing on [Functional Medicine](#).
29. 2018, October 3 – Sheila testified before the [Department of State Health Services](#) regarding industrial hemp regulations.
30. 2019, January - Sheila was approached by nurses who stated the Board of Nursing (BON) was even worse than the Texas Medical Board. Sheila emailed the BON executive director and a BON policy was established on the [BON website](#) by May of 2019.

Both boards are appointed by the Governor's office, however there is no policy to report complaints to the Governor's office.

Both the TMB and BON policies direct individuals to “complain to the agency, about the agency, to be resolved ... by the agency.” However, it should be noted that the directives to both of these agencies are delegated by the legislature. State legislators must establish oversight of these agencies – and the agencies themselves, recognize the need. THERE IS NO STATE ENTITIY THAT HAS A HISTORICAL ACCOUNT OF TMB OR BON COMPLAINTS COMING FROM PATIENTS, PHYSICIANS OR NURSES. Sheila has intervened not only for physicians but also for patients and continues to work on this issue.

31. 2019, June - The Texas hemp law was passed five years later. Senate hearing for [HB 1325](#) Senator Charles Perry's statement, “If it weren't for the Hemphill's, Sheila and Coleman, I don't think the hemp bill would be before us today...” [Sheila's testimony](#).
 - 2019, August – organized venue, speakers, caterers, registration and funded first West Texas [Hemp Conference](#) in San Angelo, Texas focusing on growing practices and legislative requirements.
 - 2019, October conducted similar [East Texas Hemp Conference](#) in Brenham, Texas
 - 2020 – hired consultant to help activate interest of auto, building industries for hemp use.
 - Currently, the Texas Hemp Industry Association is mostly dormant regarding membership and conferences, while the majority of communicating for hemp legislation is led by Coleman.



32. 2019, December 4 - Sheila roughly transcribed highlights and minute markers from the Senate [Select Committee on Mass Violence](#) Prevention and Community Safety. Sheila developed [power point presentation](#) contrasting the invited testimony with opposing expert opinion.
33. 2019, December – At the December TMB meeting, TMB President misinterprets stem cell law. Sheila issues her “[email crusade](#)” to legislators warning of pending prosecution of physicians prescribing stem cells. See below ****. [2019 TMB December bulletin](#) brought clarity to the Stem cell confusion discussed at the TMB meeting.
34. 2020, April 1 – After being told by Dr. Constantine, “Gus” Kotsanis, “Don’t worry about this virus, ozone will take care of it – but don’t talk about ozone...They kill people over ozone.”
 - Sheila interviews [Dr. Marianno Franzini](#), President of the Scientific Society of Oxygen-Ozone Therapy (SIOOT) International, and Dr. Professor Luigi Valdenassi, toxicologist, University of Pavia, SIOTT. With Dr. Robert Rowen regarding effectiveness of Ozone.
 - Sheila issues press release - [4/2/20 - Texas Right to Know Calls on US to Consider COVID-19 Ozone Therapy After It Shows Promise in Italy](#)
35. 2020, June – Sheila submits 190.8 (A) rule change request to Texas Medical Board – See [link to video](#).

On behalf of the public, who the TMB is responsible to protect per the TMB mission statement, I am requesting a rule change to 190.8 (A) to be presented to the TMB board at the upcoming June board meeting.

Current rule language:

(A) failure to treat a patient according to the generally accepted standard of care;

Proposed rule change:

(A) failure to treat a patient according to the generally accepted standard of care without patient informed consent.

TMB issues favorable opinion regarding the use of ozone and other treatments for COVID.

- Sheila issues press release - [6/23/20 - Texas Medical Board Clarifies Access To Ozone Therapy for the Treatment of COVID-19](#).

Press release stimulates national and international interaction from Italy, Spain and Wuhan.

- Sheila works with national and international team to pursue FDA IND application for ozone for COVID treatment with largest teaching hospital in Florida.



36. 2020, July – Sheila collates over forty reports of ozone effectiveness from around the world. [071720-TRTK Summary Report - Document Thread](#)
37. 2020, July 31 – TMB issues press release stimulated from Sheila's June rule change request.
[TMB Press Release TMB clarifies any therapy is available under CAM rules](#)
38. 2021 – Jan – May – Legislative session - Sheila has been relentless in attendance and providing [testimony](#) at hearings, committee staff meeting and legislator meetings, etc.
39. 2021, March 10 - [Sheila Hemphill gives March 10, 2021 - WARNING Testimonies at Texas Senate Health and Human Services \(HHS\) Committee regarding SARS-CoV-2 containing sequences of HIV, PRRA and prion-like structures with bioweapon capacity](#)
40. Sheila develops and delivers to legislators and staff graphics depicting function and visual aspects asking "[Is SARS-Cov-2 a Bioweapon](#)" with associated links to studies and reports from the [Vaccine Adverse Events Reporting System](#).
41. 2021 – August – Special session - Sheila distributed to the offices of all the Texas legislators & other Texas government officials the 77-page report, [The Omega Brief](#), which she collated based on the research of Dr. David Martin and his July 11, 2021 interview with Reiner Fuellmich on the patents on the SARS, which dates back several years providing proof of the COVID Plandemic.
 - Sheila issues press release, "[Texas State Elected Officials Received Notice of Pandemic Criminal Conspiracy and Racketeering](#)"
 - Sheila works with local individuals to deliver The Omega Brief to the 254 County Commissioners, City Councils, School and Hospital boards.
42. 2021 – October – Special session - Sheila was the whistle blower to the Texas legislators & other government officials in Austin about the "Trojan horse" in the [SB 8 Coronavirus relief and recovery funds](#) that jeopardizes the sovereignty of every city/county/business who signs the US Treasury contracts & makes the recipients subservient to executive order by contract.
43. The US Department of Treasury contract for these funds is **outside of state law and Legislators who voted for SB 8 were not alerted to the contract terms and conditions until October 6, 2021 as disclosed in the House Appropriations Committee hearing**. The SB 8 bill passed both the Senate and House on October 15th. It was signed by the House at 1:39 AM in the early morning of October 19th, the last day of the third special session.

On 10/23/21, SB 8 was sent to the Comptroller's office.



- According to the [10/15/21 letter](#) from Texas Attorney General Ken Paxton, he is advising that,
"President Biden recently issued a federal executive order directing federal departments and agencies to begin including a clause in federal "contract and contract-like instruments" specifying that contractors must comply with "workplace safety protocols" that would apply to "all covered contractor employees, including contractor or subcontractor employees." These protocols will now include a requirement that covered employees receive a COVID-19 vaccination. Thus, President Biden's order potentially conditions the continuation of federal funding on your agency's cooperation in compelling your employees to receive a COVID-19 vaccination."
 - On November 8, Governor Abbott signed [SB 8 - 87th \(3\)](#) bill that appropriated [\\$16.3 billion Coronavirus State and Local Fiscal Recovery funds](#). For populations under 50,000 known as Non-Entitlement Units (NEU), these funds are administered by [Texas Department of Emergency Management](#) for various local governments. Governor Abbott did not address the concerns that the Recipients of the state and local funds must enter into contract with the US Department of Treasury where the terms and conditions **require Recipients to comply with federal executive orders**. By the statement below, we have reasonable evidence that Governor Abbott's office received the concerns of this veto campaign since he addressed the current federal overreach concerns of COVID-19 vaccination mandate. The Veto SB 8 campaign concerns are much broader than this current vaccine mandate but rather **any federal executive order that can make state and local governments subservient to "stroke of the pen" actions**.
 - Sheila wages SB 8 Veto campaign before Governor Abbott signed the bill November 8th. The Governor failed to defend Texans against these contractual federal executive orders, which will be upheld constitutionally per [Article 1 Section 10](#) of the US constitution, "No state shall ... pass any...law impairing the obligation of contracts." The fact that the US Treasury contract terms and conditions subject the recipients to a cascade of compliance requirements reaching employees, subcontractors, and even customers is troubling since we know his office was informed of these concerns. The defense of this transfer of sovereignty of local governments by US Treasury contract now falls on the citizens of each of the 254 counties and over 2,000 municipalities and communities in Texas to stop these contracts.
44. Sheila issue press release, "[Will Governor Abbott Save Texas From Transfer Of Sovereignty By Contract?](#)"
45. 2021, December 14 - [Governor Abbott Instructs State Agency Leaders To Review New Federal Funding Agreements, Contracts](#) - Now Governor Abbott is concerned about terms



in federal contracts after he signed SB 8 that puts all Texas cities and counties in the US Treasury trap with their receipt of the Coronavirus Relief and Recovery funds.

46. 2022, February - Sheila is featured in a story on Reason TV [reason.com This Texas Town Rejected Stimulus Money to Avoid Vaccine Mandates](https://reason.com/this-texas-town-rejected-stimulus-money-to-avoid-vaccine-mandates)

- 70 Texas municipalities under 50,000 population have rejected the Coronavirus Relief and Recovery.

47. 2022, May – Sheila prepares for booth at Texas Republican Convention in Houston, June 13-18 conveying information regarding:

a. The pandemic:

- i. the flawed and false PCR testing method,
- ii. the intentional intrusion of the practice of medicine that is between the physician and patient to prohibit preventative and therapeutic treatment,
- iii. breach of informed consent by not being administered between a practitioner and patient,
- iv. the corrupt PREP Act, CDC, FDA, NIH and WHO policies that were implemented and will be used again against the people.

b. The essential need for functional medicine which evaluates patients for physical root causes that may manifest as psychiatric dysfunction or exacerbate current medical conditions. Physical root causes may include side effect and withdrawal of pharmaceutical drugs like Adderall, Ritalin, Prozac, Statins, etc.